

Spring into Summer!

École William McDonald Middle School Active Transportation Challenge May 16 – 20, 2011

The goal of the active transportation challenge is to encourage students to walk or bike to and from school, and to think about other ways to incorporate active living in their day to day lives.

Challenge Guidelines:

1. Students will have the opportunity to receive two ballots per day: one for walking or biking to and/or from school (all the way or part of the way), and one for participating in the daily morning wake-up walk as a school.
2. The ballots will be given out to the students by their homeroom teacher once a day. Each ballot should contain the student's full name and classroom. The teacher will place all ballots in an envelope and drop them off in Amanda Douglas's mailbox at the end of each day.
3. The Healthy Schools Project Coordinator will pick up each homeroom class' envelope each day and calculate the participation results of each class. All ballots will then be place in a ballot box and the empty envelope will be returned to the teacher's mailbox to be used the following day.
4. The class participation results (percentage of ballots given out per class) for each homeroom will be displayed every morning (Tuesday – Friday). The students can then see their progress compared to the rest of the school throughout the week.
5. On Friday May 20, 2011, a name will be drawn from the ballot box to determine the winner of the grand prize.

3 prizes will be available:

1. **Class Prize:** Based on the highest percentage of class participation, the winning class will receive a pool party.
2. **Student Prize:** The student whose name is on the drawn ballot will win a bicycle, helmet, and bike lock. As long as the bike has not been used, it can be exchanged at Overlander Sports for the correct style and size. The bike will be displayed in the school throughout the challenge. The helmet and lock and be exchanged for the right size at Canadian Tire.
3. **School Prize:** École William McDonald Middle School has received funding towards new tether balls for their participation in this year's active transportation challenge.